

WHAT IF?



If the music is too loud for me or if I feel nervous, I can ask for earplugs!



Or I can put my fingers in my ears!



Or I can bring my own headphones from home!



It's okay if I bring a snack or drink from home but I'll need to eat or drink in the lobby.

And if I need to bring my fidget toy or comfort object from home, that is okay, too!



It's okay to talk or move around, as long as my adult supervises me!